

Young Minds

<https://youngminds.org.uk/about-us/youngminds-people/>

**YOUNGMINDS**

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Parents Helpline

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If you are a parent needing help, please contact our helpline.

0808-802-5544

For other ways to get in touch, please visit our contact page

## YoungMinds People

Meet the people who work every day to improve the emotional health and wellbeing of children and young people in the UK.

