

- Don't view conversations about staying safe as a 'one-off. It's much better to have conversations little and often. This will help you to reinforce the key points, and to adapt the message as your child gets older.
- Once you're ready to talk, you might find your child isn't. That's OK. The most important thing is to not force the issue. The last thing you want is for your child to feel it's a big deal.
- Weaving simple conversations about staying safe into the daily routine is a great way to stop it feeling like a lecture. If it feels less weird for your child, it will be easier for you too.

### Children's Rights

All children have the right to speak out and be heard, to be safe and to get help when they need it.



### Abuse:

Children in KS2 are introduced to the different types of abuse in a child friendly way:

- Physical Abuse
- Sexual Abuse
- Neglect
- Emotional Abuse
- Online Abuse



**NSPCC**

**Speak Out**

**Stay Safe**

*Article 17: every child has the right to reliable information from a variety of sources*

## Explaining the ways that children can be hurt

Within the NSPCC 'Speak Out Stay Safe Programme'; they explain the different ways that children can be hurt in a simple, age appropriate way, so that children understand when something's not right.

This also links well with the NSPCC Pants and Pantasaurus video.

**Privates are private**



## Meet Buddy!

He is the NSPCC mascot! Buddy is a friendly, green speech bubble, who believes that children should be able to speak out to someone if they're worried or unhappy. He encourages children to tell a trusted adult if they are going through abuse.

You can find Buddy at:

<https://learning.nspcc.org.uk/services/speak-out-stay-safe/>



## Speaking out

The NSPCC want children to think about grown-ups who may be good to talk to, both in school and out of school. These should be trusted people who will help stop abuse.

**Which grown-ups might be good to talk to...**



## Getting help

Children learn about Childline, and how they can get in contact if they're worried or need to talk.

**Getting in touch with Childline.**



- ✓ It's free to call.
- ✓ Open all day, every day, meaning that help's always available.
- ✓ The call won't show up on any bill.