



Beechholme Newsletter 16th October, 2020

Dear Parents and Carers,

Parents Consultations will take place during the week beginning **Monday, 9th November** between **3.30 p.m. -5.45 p.m.**

The consultations will last approximately **10 minutes** over the phone. The conversation, will include how your child has settled in this year, discuss their targets and answer any questions.

Your phone consultation will take place on one of two evenings:

Monday 9th Nov	Nursery, Y2, Y4, Y5,
Tuesday 10th Nov	Nursery, Y2, Yr4, Y5,
Wednesday 11th Nov	Reception, Y1, Y3, Y6
Thursday 12th Nov	Reception, Yr 1, Y3, Y6

Further details will follow.

This year we are unable to sell poppies for **Remembrance Day** due to Covid –19. If you would like to make a donation you can do so on your ParentPay account. You will be able to do this until **Wednesday, 11th November**. We will then send a collective donation to the Royal British Legion.

Also, if you would like to make contributions for Harvest, please check your ParentMail for details.

Look out for the fantastic work on Black British women on Seesaw next week following our Black History Month Celebration Day.

Mrs Phyllis Sternberg

Well-Being at Beechholme

Every other Friday will be Wellbeing Afternoon at Beechholme. The whole school will be building up the knowledge and skills needed to look after our bodies, minds and relationships. This week was all about our **mental health and wellbeing**. We discussed who we might talk to if we had a problem and focused on ways that we can look after our moods and emotions every day. Each class took part in mood-boosting activities such as nature walks, art, mindfulness, yoga and dance.

Which of these activities can you try together at home? Share your photos on SeeSaw.



Dates

School closes on **Friday, 23rd October** at the time your child normally leaves.

School re-opens on **Monday, November 2nd** at the time your child usually starts.

Should I send my child to school?

This is a very important decision to be made as it can affect our school community which includes staff, children and their families.

We all have a responsibility to keep our school community safe.

Parents and Carers, please read the attached leaflet

- ◆ Advice to parents on when to keep children at home

Secondary Transfer

The deadline for applications to Secondary School is: **31st October 2020**.

On-line Safety

E-safety is an integral part of children's education in today's digital world and is embedded in their learning at school. We want to help our parents and children improve their own understanding of e-safety issues so they can learn to use the internet and all digital media in a safe and secure way.

Attached to this newsletter is a guide to help you start a conversation with your child about their own awareness of how they can stay safe online.

Packed Lunches

WELL DONE!



There has been a great improvement in the healthiness of children's packed lunch boxes. The majority are a lot healthier and there are fewer sweet and sugary contents. Please keep this up.

Warm food should be brought in a small thermos/flask to keep it warm and prevent harmful bacteria from growing.

Reminder:

We are a **NUT FREE SCHOOL** so Nutella, hazelnut chocolate spreads or peanut butter should not be used for sandwiches. We do have children in the



school that have a nut allergy and they will be put at risk if you do use these spreads.