

## Dear Parents and Carers,

The term is going very quickly and I cannot believe it is already October!

Thank you KS2/Year 2 parents and carers for dropping your children off at the gate and leaving the site quickly, it has really eased the congestion. Please have a look at the reminders opposite and keep to them, especially walking on the left. This will continue to ease the flow of parents to and from school and enable social distancing.

We are considering the best options of how to organise 'Parents Evening.' Sadly, it will not be the same this year. We will keep you updated and let you know our plans as soon as possible.

The children continue to be happy in their 'class bubbles' and are responding to their teacher's and new year group well.

Thank you for your continued support.

Mrs Phyllis Sternberg

## Black History Month

As part of our 'Equality and Diversity' at Beecholme we will be celebrating Black History Month in October. Please look out for further details on 'Seesaw' later in the month. Black History Month will be introduced in assembly on Monday.



## Attendance and Punctuality

School attendance is mandatory from the beginning of the term. We will be monitoring attendance and punctuality with our Educational Welfare Officer (EWO) regularly.

Thank you to those families who always make sure their children attend school regularly and on time. Evidence shows that attendance has a direct link with attainment.

The school will continue to report on attendance and punctuality which will be shared with you regularly in the newsletters. Our aim this year is to improve on last year's results and aim for **97%**. The school will continue to use 'Penalty' notices for **unauthorised absences**. If the case warrants a fine, it will be **per parent, per child**.

If you are not sure if you should send your child to school please see the leaflet '**Should I send my child to school?**' from Merton to help you decide.

Having good attendance has been shown to make a positive impact on children's learning.

## Reminders

- ◆ 'Drop and Go' so there is no congestion
- ◆ Keep walking on the left
- ◆ Parking restrictions are starting soon
- ◆ Don't send in bags or equipment from home
- ◆ Your child should have a named water bottle in school every day
- ◆ Children wear PE kit to school on the days they have PE (Physical Education)

## Packed Lunches

It has come to our attention that some children's packed lunches are not healthy. There are a variety of unhealthy contents.



**According to NHS, choices for a healthy balanced lunchbox should contain:**

- ◆ Starch foods like bread, rice, potatoes or pasta
- ◆ Protein foods like meat, fish, eggs or beans
- ◆ A dairy item, like cheese or yogurt
- ◆ Vegetables or salad and a portion of fruit.
- ◆ Water

Please check if your child's lunchbox is healthy. If you are stuck for ideas have a look at

<https://www.nhs.uk/change4life.org>

School meals are specifically designed to be nutritious giving the children who eat them a good foundation for health. If you are interested in arranging for your child to have school meals please contact the school office on **020 8640 4795**.

## Birthday Books

If you would like to buy something for your child's class in order to celebrate their birthday, we suggest that you buy a book! Please write a message from your family in the front of the book. I am sure that your child's class would

enjoy hearing the book being read in class or read it themselves!



A suggested booklist will be posted on Seesaw by the teachers.